



#InGlutenWeTrust

Almost every culture combines some sort of starchy grain with boiling water to create a meal. Our American(ized) oatmeal and Italy's polenta are two of the most common types of porridge consumed. What else is out there? What happens when you add these starchy meals to bread?

We are going on an international adventure which will explore different types of porridge and how they work in bread. Congee, Rugmelsgrød, and a porridge inspired by African crops will be on our itinerary. We will also look at a few classics from my perspective: Road Trip Oatmeal and Polenta inspired by Southern Europe.

We will also look at a simplified scientific side of things: What's going on with the grain when heat is introduced? How does it change? How does adding a porridge to a bread elevate it to a new level?

Pack your bags — our journey is just around the corner.

World Porridge Breads

Instructor: Nicky Giusto

May 5-6, 2018

8 am—5 pm both days

The Culinary Institute of America
312 Pearl Pkwy #2102, San Antonio, TX 78215

**Skill Level: Intermediate to
Advanced/Professional**



Photo: Arielle Giusto

Guild Members \$ 375
Non-Members \$ 460*
(*includes 12-month Guild membership)
Registration deadline: April 19

Nicky Giusto is a fourth-generation miller and baker who grew up in the world of bread. In 2013, he won the Grand Prize in the Artisan Baking category at the America's Best Raisin Bread Baking competition. As a member of Bread Bakers Guild Team USA, he competed in the 2016 Coupe du Monde de la Boulangerie in Paris, in the Baguette and World Breads category. He works for Central Milling Company, developing bread programs and teaching bakers of all levels.

The Culinary Institute of America has been a trusted leader in culinary education since 1946. The San Antonio, TX, campus offers degree programs in both baking & pastry arts and culinary arts in restored 19th century buildings that were once part of the Pearl Brewery. Visit www.ciachef.edu/texas.

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